



Term Time Pool Programme

Main Pool

Mon	6.30 - 7.00am Members Only	7.00 - 9.00 4 lane swimming & double slow lane	9.30 - 11.00 Schools	11.00 - 12.00 3 lane swimming & casual	12.00 - 14.00 4 Lane swimming & double slow lane	14.00 - 17.30 Swim School		17.35 - 18.30 6 Lane swim	18.30 - 20.30 Adult Swim School Swimming Club Bluefins	20.30 - 21.30 Adult Fitness Training		
Tues		7.00 - 9.00 3 lane swimming & casual 6.00 Members Only	9.30 - 11.00 Schools	11.05 - 11.50 AquaFit	12.00 - 14.00 3 Lane swimming & casual	14.30 - 15.30 Senior Swim	15.30 - 17.30 Swim School		17.35 - 19.00 6 Lane swimming	19.00 - 20.00 Swimming Club Bluefins	20.00 - 21.00 4 Lane swim DISPORT	
Wed		7.00 - 9.00 4 lane swimming & double slow lane	9.30 - 11.00 Private Lessons	11.00 - 12.00 3 Lane swimming & casual	12.00 - 14.00 4 Lane swimming & double slow lane	14.00 - 15.00 Schools	15.00 - 16.00 Private Lessons	16.00 - 17.45 Swim School		17.45 - 19.00 6 Lane swimming	19.00 - 20.00 Swim School Bluefins	20.00 - 21.00 4 Lane swimming & double slow lane
Thu		7.00 - 9.00 4 lane swimming & double slow lane	9.30 - 12.00 Schools		12.00 - 14.00 3 Lane swimming & casual	14.00 - 14.45 Easy AquaFit	15.00 - 16.00 Private Lessons	16.00 - 17.45 Swim School		17.45 - 19.00 6 Lane swimming	19.15 - 20.00 AquaFit LADIES ONLY	20.00 - 21.00 3 Lane swim & casual LADIES ONLY
Fri		7.00 - 9.00 4 lane swimming & double slow lane	9.30 - 12.00 3 Lane Swimming & Casual		12.00 - 14.00 4 lane swimming & double slow lane	14.00 - 16.00 Private Lessons		16.00 - 17.30 Swim School		17.35 - 19.00 4 Lane swimming & casual	19.00 - 21.00 2 Lane Adults Only Swimming Club Bluefins	
Sat	8.00 - 9.00 Swimming Club Bluefins	9.00 - 13.00 Swim School			13.00 - 14.30 3 Lane Swimming & casual	14.45 - 16.45 Fun Swim with Play Rafts*		17.00 - 21.00 Available for Hire				
Sun	8.00 - 10.00 4 Lane swimming & double slow lane	10.00 - 12.00 Fun Swim with Play Rafts		12.00 - 13.30 3 Lane Swimming & casual	13.30 - 15.25 Fun Swim with Play Rafts	14.30 - 15.30 Private Lessons	15.30 - 17.30 Swim School		17.35 - 19.00 3 Lane swimming & casual	STAFF TRAINING		

Programme subject to change

* Inflatable obstacle course last Saturday of every month
 Tuesday 6.15 am - 7.00 am - 3 Lanes Only, no Casual Swim
 * Members Only

Term Time Pool Programme

Teaching Pool

Mon	6.30 - 7.00am Members Only	7.00 - 9.00 Casual Swim	9.30 - 11.00 Schools	11.00 - 12.30 Swim School	12.30 - 13.30 Little Splashers	13.30 - 15.30 Swim School	15.30 - 16.00 Private Lessons	16.00 - 19.00 Swim School	19.00 - 21.00 Swim School	
Tues		7.00 - 9.00 Casual Swim	9.30 - 12.00 Swim School		12.00 - 13.30 Little Splashers	13.30 - 14.30 Swim School	14.30 - 15.30 Senior Swim	16.00 - 19.00 Swim School	19.00 - 20.00 Private Lessons	20.00 - 21.00 DISPORT
Wed		7.00 - 9.00 Casual Swim	9.30 - 12.00 Swim School		12.00 - 13.30 Little Splashers	13.30 - 15.00 Swim School	15.00 - 16.00 Private Lessons	16.00 - 19.00 Swim School	19.00 - 21.00 Swim School	
Thu		7.00 - 9.00 Casual Swim	9.30 - 10.00 Swim School	10.00 - 11.00 Schools	11.00 - 12.00 Swim School	12.00 - 13.00 Little Splashers	13.00 - 14.30 Swim School	14.30 - 16.00 Private Lessons	16.00 - 19.00 Swim School	20.00 - 21.00 Private Lessons
Fri		7.00 - 9.00 Casual Swim	9.30 - 12.00 Swim School		12.00 - 13.30 Little Splashers	13.30 - 14.30 Swim School	14.30 - 16.00 Private Lessons	16.00 - 19.00 Swim School	19.00 - 20.00 Private Lessons	
Sat	8.00 - 13.30 Swim School			13.30 - 14.45 Casual Swim	14.45 - 16.45 Fun Swim with Play Rafts		17.00 - 21.00 Available for Hire			
Sun	8.00 - 10.00 Casual Swim	10.00 - 12.00 Fun Swim with Play Rafts		12.00 - 13.30 Little Splashers	13.30 - 15.30 Fun Swim with Play Rafts		15.30 - 19.00 Swim School		19.00 - 21.00 Private Lessons	

* Inflatable obstacle course last Saturday of every month

Programme subject to change

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Assisted by
Basingstoke
and Deane