

**Basingstoke Flyers
Junior Badminton Club**



Welcome to

Basingstoke Flyers

Junior Badminton Club

Venue: Main Hall of the Sports Centre
Festival Place
Basingstoke
Hampshire
RG21 7LE

Time: 17.20 – 16.20

We are a coaching club for juniors from 8 – 16 years of age beginners and more experienced players welcome.

Coaches - Jenny Skilton (Level 2) and Simon Ellis (Level 1)

All coaches are qualified and are on the Badminton England Coaches Register and are fully CRB checked





Costs - A “one off payment” of £10 for Junior Badminton Club membership for the year – non refundable. Also, half termly payments (of about £30 for 6 weeks) will be due to the Sports Centre in advance of each new half term - payable at reception.

Please return the membership form with the £10.00 membership fee as soon as possible, in a sealed envelope addressed to Mrs C. Harris, c/o Basingstoke Flyers Junior Badminton Club at the Sports Centre reception desk; or your first club session if unable to do so before.

Each member will be issued a card to be able to show to reception staff in order to go through the gates at reception without waiting unduly.

***Attendance** – If your child is unwell or unable to attend any sessions, please inform Colleen or Jenny to assist in planning. If several sessions are missed or if your child loses interest their place could be taken up by someone on the waiting list who would dearly love to be a member but is being blocked by a member who is not interested in learning and developing. We are not to know otherwise whether your child has left, is ill or has lost interest.

Kit – Acceptable badminton clothing please. When playing wear shorts or skirts- school sportswear is acceptable and suitable shoes- you need a good grip and adequate support. For more ideas see the safety and courtesy guidelines page. We have some spare rackets that your child may borrow until they might wish to buy their own.

Safety Note- The coaches will only be responsible for the children during the session. No responsibility is taken before or after the session. If the child wishes to leave early then the coach must have a note from the parents: without this the coaches will not be responsible.

Medical History- It is the parent’s responsibility to complete the medical section of the Consent Form and to keep the coaches informed of any changes in their child’s medical condition or fitness.

All general enquiries concerning the club should be made to Colleen Harris.

Please keep this form for reference.



Consent Form

Name _____ preferred name _____

Date of Birth _____

School Year _____ School Attended _____

Home Address _____

Postcode _____

Tel _____ Email _____

Emergency contact No. (if different) _____

Medical History

Please give details of - previous or current medical conditions, medication, allergies or sensitivities. Please list any other information that you would like us to have

List here or write 'none'

PARENT/GUARDIAN APPROVAL

(Signature)

Date

It is the PARENTS responsibility to keep the coaches informed of any change in the players' medical condition or fitness, or any other detail changes listed above. Please assist by returning this form promptly and only to Jenny Skilton – Coach. Details will be held strictly in confidence and for club purposes only.

Code of Conduct for Junior Players

- ü I will have fun, act in a safe manner and encourage those around me to do the same
- ü I will always respect those around me including team-mates, opponents, coaches and officials
- ü I will be honest and play fairly in everything I do and never deliberately cheat or be dishonest
- ü I will accept officials' decisions without question or complaint
- ü I will arrive for training and competition on time and will inform someone if I am unable to attend or will be late
- ü I will listen carefully when spoken to and act as directed where appropriate
- ü I will use the correct equipment for the sport and will look after it to the best of my ability
- ü I will never upset those around me or keep quiet if someone else is being upset
- ü I will congratulate all participants on their performance regardless of the game's outcome
- ü I will give my opponents a hand if they need it and accept apologies from them when they are offered
- ü I will always do my best and give 100% effort in whatever I do
- ü As a young person taking part in sporting activities I recognise that I am an ambassador for my sport and others taking part in sport

We are committed to your enjoyment when you are playing Badminton. If anything or anyone worries or upsets you then you should tell someone about it so that they can help you.

To find out more people who can help go to
www.badmintonengland.co.uk/keepingkidssafe

SAFETY & COURTESY GUIDELINES

Badminton is a fast and physical game and as a result some injuries can occur. To help prevent these we follow the Badminton England "Safety Guidelines". So there are some basic rules, which must always be remembered, and followed.

SAFETY

- Do not walk across or run around the court whilst play is in progress.
- When the coach says **STOP**, stop what you are doing immediately.
- Do not "mess around" on or off court and never hit a shuttlecock directly at anyone. This is dangerous.
- Do not play with a broken racket or with broken strings. If you have any doubt, ask your coach.
- Wear only suitable shoes. You need a good grip and adequate support. Fashion shoes or heavy trainers are not to be worn. If the coach considers your shoes not suitable then you will not be allowed to play.
- Do not eat sweets or chew gum when on court. You could choke.
- Drinks (not fizzy) must be in closed containers. Any spillage must be reported immediately. Wet floors are dangerous.
- Tracksuits may be worn on court in cold weather only. When playing, wear shorts or skirts. No jeans or ordinary trousers are allowed when playing.
- If you have any health problems or you do not feel well, let your coach know immediately.
- You must only leave the hall with the permission of your coach. In law, the coach is regarded as a "prudent parent" whilst under their supervision. Hence, the coach needs to know where you are at all times.
- Do not leave clothing, bags, rackets or drinks lying on the floor where they could be a hazard to others.

-COURTESY

Remember that it is as important to learn the courtesies of the game as the technical side.

- Please wear acceptable badminton clothing. We prefer no inappropriately printed T-shirts or baggy shorts to be worn. School sportswear is acceptable.
- No arguments on or off court please, the coaches will sort out any problem.
- Please do not squeeze or damage the shuttlecocks in any way. They are fragile.
- Remember, bad behaviour reflects on the club, the coaches and your parents as well as yourself. Please do not let any of us down.

If you have any problems or worries, let one of your coaches know and they will try to resolve the matter for you.

Useful Contacts

Basingstoke Flyers Junior Badminton Club, Hampshire

Club Welfare Officer	Julie Oliver	phone 01256 302219
		Email Julie.oliver@sportscentre.org.uk
County Welfare Officer	Jan Harvey	phone 023 8055 1185
		Email stevejan58@btinternet.com
Club Chairman	Jenny Skilton	phone 07906 365031
		Email Jennymskilton@btinternet.com
Club Secretary	Colleen Harris	phone 01256 329165
		Email Colleen1nurse@yahoo.com
Club Treasurer	Simon Ellis	phone 01256 302224
		Email Simon.ellis@sportscentre.org.uk
Club Coaches	Jenny Skilton and Simon Ellis	as above

Basingstoke Sports Centre Reception phone 01256 326331

Badminton England Contacts

National Badminton Centre, Milton Keynes, MK8 9LA www.badmintonengland.co.uk	phone -	01908 268400
National Lead for Safeguarding- Katherine Taylor	phone -	01908 268400
Badminton England Regional officer- Sophie Jackson Sophiejackson@badmintonengland.co.uk	phone -	07725 413548
<u>NSPCC</u> - National Centre, 42 Curtain Rd, London EC2A 3NH	phone -	0808 800500

Child Protection In Sport

NSPCC National Training Centre, Beaumont Leys, Leicester LE4 1EZ	phone -	0116 234 7278
<u>Childline</u> Freepost 1111, London N1 0BR	phone -	0800 1111

Simplified Rally Points Scoring System - **Singles**

Scoring system

A match consists of the best of 3 games to 21 points.

The side winning a rally adds a point to their score.

At 20 all (if you reach this point), the side that gets a 2 point lead first, wins that game.

At 29 all (*IF* you get there!), the side scoring the 30th point wins that game.

The side winning a game serves first in the next game.

Intervals and Change of Ends

When the leading score reaches 11 points, players have a 60 second interval (- usually only seen in top level tournaments).

A 2 minute interval between each game is allowed.

In the third game, players change ends when a side scores 11 points.

Singles

At the start of the game and when the score is even, the server serves from the right service court.

When the score is odd, the server serves from the left service court.

If the server wins a rally, the server scores a point and then serves again from the alternate service court.

If the receiver wins a rally, the receiver scores a point and becomes the new server- if they have an even score they serve from the right hand side, if an odd score, they serve from the left hand side.

When calling out the score, the servers score is always the first of the two.

Simplified Rally Points Scoring System - **Doubles**

Scoring system

A match consists of the best of 3 games to 21 points.

The side winning a rally adds a point to their score.

At 20 all (if you reach this point), the side that gets a 2 point lead first, wins that game.

At 29 all (*IF* you get there!), the side scoring the 30th point wins that game.

The side winning a game serves first in the next game.

Intervals and Change of Ends

When the leading score reaches 11 points, players have a 60 second interval (- usually only seen in top level tournaments).

A 2 minute interval between each game is allowed.

In the third game, players change ends when a side scores 11 points.

Doubles

There is only one serve in doubles.

At the start of the game and when the score is even, the server serves from the right service court.

When the score is odd, the server serves from the left service court.

If the serving side wins a rally, the serving side scores a point and the same server serves again from the alternate service court.

If the receiving side wins a rally, the receiving side scores a point. The receiving side becomes the new serving side.

The player of the receiving side who served last stays in the same service court from where he last served. The reverse pattern applies to the receivers partner.

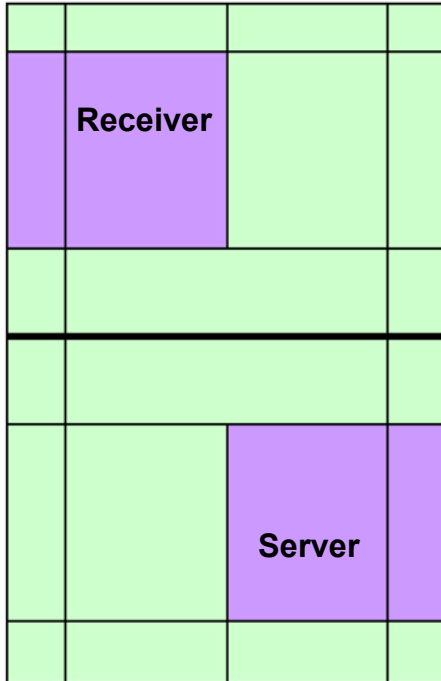
The players do not change their respective service courts until they win a point when their side is serving.

If players commit an error in the service court, the error is corrected when the mistake is discovered.

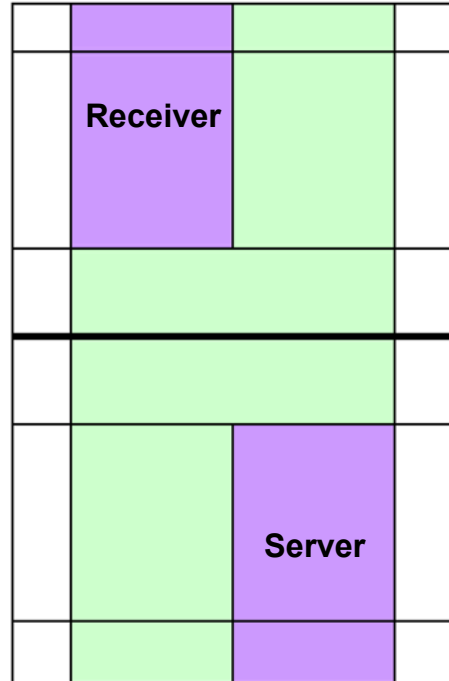
When calling out the score, the servers score is always the first of the two.

Badminton Court Diagrams

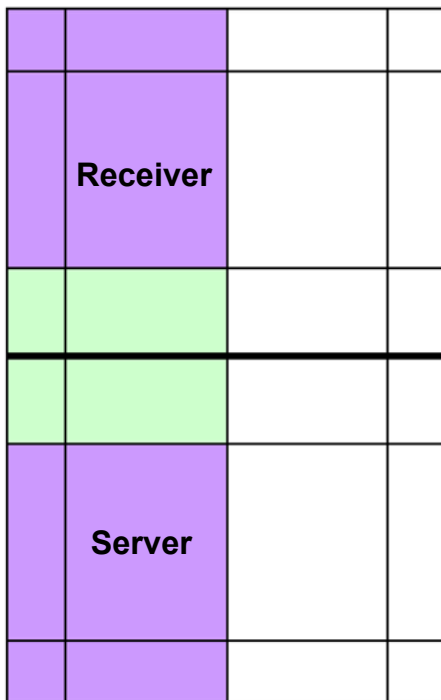
Doubles Court



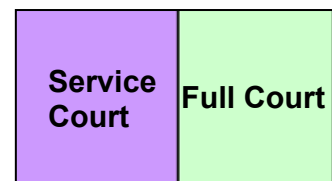
Singles Court



Half Court



Key





Basingstoke Flyers Junior Badminton Club
Rejection Form

FULL NAME

WILL NOT BE JOINING IN SEPTEMBER 2011

SIGNED (Parent) _____ **Date** _____

Please return to Colleen Harris PROMPTLY so that we can re-allocate places in the group.
8a Beaconsfield Road, Basingstoke, Hants. RG21 3DP (phone 01256- 329165)

Please return form only to the above in the stamped addressed envelope



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